



**DOLPHIN WHALE CAT NEWS**

**JANUARY & FEBRUARY 2010**

## REYON'S MESSAGE

*Reyon (Laurie J. Anderson) is an Animal Communicator and spiritual teacher. She studied Veterinary Medicine in college where she received her AHT and Radiology degree. After the Northridge earthquake in 1994 she suffered an accident with complications and ultimately experienced a radiant Near-Death Experience during which she actually died for six minutes. She subsequently lived in Baja Mexico where she began interacting with the local dolphins and whales, being taught their wisdom and writing their stories and prayers. Laurie Reyon has been named "Standing Whale Mother" by the Native Americans and is now strongly guided to bring the wisdom and healing energies of the whales and the dolphins to the people, guided by Spirit and the energy of Puddah, the Master Cat she works with. Currently, Reyon and Puddah work as a team, offering classes, life-path & akashic record consultations, animal communication, self-discovery, life coaching, and healing with the dolphins and whales workshops and clearing sessions. They also facilitate boat trips which provide opportunities for viewing and communicating with the dolphins and frequently whales.*



*Like EARTH, know BALANCE  
Like WIND, fly FREE  
Like FIRE, be ALIVE  
Like WATER, feel PEACEFUL*

Celebrate your life with peace in your heart and enjoy the journey!  
In all seasons, it is our wish for you to take time to live each day with reverence. Cherish the everyday miracles and the animal companions that are in your life and be open to more goodness from the Universe each day!

*(Continued on Next Page)*

## REYON'S MESSAGE (Con't.)

### *Puddah Quote:*

*"Gratitude is the KEY to the Universe. Don't forget where you left your KEY!"*

### Offer Gratitude to Creator for:

The land and the food it provides to nourish you. The home you have been given to shelter and protect you. The trees outside your window. The songs of the birds that sing for you. The gentle eyes and touch of your animal friends. The children of this world who will inherit it. The joy of sharing in your partner's embrace. The old friends who have never left your side. The undiscovered friends you are about to meet. And, most of all, that you are alive today and here in Service, now!

As we look to the end of the year, hopefully you are wiser, more compassionate, and more loving than you were at this time one year ago. And that tomorrow, you have another day to laugh, to learn, and to LOVE! The opportunity to be embraced by the sacred mystery of your life and Journey here on beautiful Mother Earth!

It is hard to believe that it is actually 2010! Another year has passed and brought many, many changes to most of our lives. It is our prayer that you moved through them with ease and grace, receiving the messages and wisdom from your guidance and your connection to the Divine.

We look forward to 2010, knowing in our hearts that much more change is on the horizon. As the old paradgms continue to change, break down, and be restructured, we are reminded how important it is to be attentive to our Spiritual growth. We are blessed to be working now full time in Service to Creator and to helping others. Our ability to connect with the Higher frequencies' Beings of Light, Animals, and the Whales & Dolphins continues to grow and amaze us, as we are always ready to learn and remember more and share it with others.

## REYON'S MESSAGE (Con't.)

In the coming weeks we will be sharing more of the teachings and wisdom that we learned in Oct of '09 when Puddah and I and Soul Sister Joanne attended the Earth Sky Workshop in Sedona with Drunvalo Melchizedek.



*Reyon,  
Puddah, and  
Drunvalo Melchizedek*

We have several classes coming up on Wednesday nights in Oceanside where we will be teaching about how to balance the 8 beams of light and activate the pineal gland. Also two workshops in Jan where I will be teaching the "Living Merkaba Meditation". One is in Oceanside on the 9th and one in the desert in La Quinta on the 31st. Be sure to see the Calendar of Classes and Events for full details.

Also we have an exciting Whale & Dolphin Boat Trip coming up on January 16 where we expect to be seeing not only the dolphins, but also the Gray Whales who are migrating now. In addition, we have an Animal Communication Class in Escondido on the 17th with myself and Puddah.

Feel free to contact us at any time if you would like to make an appointment for a personal consultation or a Healing & Clearing with the Whales. Also we are becoming more mobile now, and are available to groups that want to have a class or workshop in their home or area.

*Remember my beautiful Creator Friends...*

***YOU ARE ONLY AS POWERFUL AS YOU ARE JOYFUL!***

*Many Many Blessings on your New Year and through 2010!*

*Reyon*

## EDITOR'S MESSAGE

After Thanksgiving, I had the great pleasure of accompanying Laurie/Reyon to Sea World. As you might imagine, it is such a treat to go with her since she is able to tell us what some of these creatures are saying. We share with other Sea World attendees the enjoyment of the shows and exhibits. However, we also go with another purpose: giving vibrational support to the beings who are living there. So as we watch the shows, we are giving support to the orcas, the dolphins, sea lions, etc. We also visit some of the different exhibits to give support to different creatures each time we go: sharks, rays, penguins, turtles, fish, flamingos, etc. But I have to say that my personal favorite is always the beautiful white Beluga whales in the Arctic exhibit. As we watched them this time, we were greatly struck by their beauty. They have such magnificent and streamlined forms, that they reminded us of classical sculpture. Yet, this was sculpture that moved and undulated! We bless and encourage them while we are there. And by the time we leave them, I feel as though their pool is filled with Love Energy that they are now immersed in, hopefully making their time there a little easier.

As you may know, Beluga whales in the wild have had a tough time surviving the various encroachments of humankind. "The Cook Inlet Beluga is an isolated population of Beluga whale and one of the most endangered populations of marine mammals in the world. During the 1980s the population numbered approximately 1,300 whales. Today that population is only about 300 individuals. On December 1, the National Oceanic and Atmospheric Administration's Fisheries Service announced its proposal to designate more than 3,000 square miles of ocean as critical habitat for the highly endangered Cook Inlet population of the beluga whale."

There is a petition that has been put out by the Sierra Club that is attempting to generate 10,000 signatures in support of this proposal by the end of January. At the time of this writing, there were 8,574! If you would like to add your voice to assist in this habitat designation, please go to [WWW.CARE2.COM](http://WWW.CARE2.COM). On the left, under "Quick Links", click "Petitions". When the next window comes up, look on the list on the left for: "SUPPORT CRITICAL HABITAT DESIGNATION FOR THE BELUGA WHALE"

Thank you for any assistance you can offer these magnificent creatures!

And as always, we hope that you will enjoy our newsletter. One noteworthy addition that you'll find on the "Private Consultations" page is a photo of Samuel with Puddah. Samuel is a Healer Cat who works with Reyon and Puddah in many of the healings they do. He's also a real sweetie!

Have a wonderful 2010 and Many Blessings to you!

Deborah Clark





## JANUARY CLASSES AND EVENTS



(And MORE Events, Next 5 Pages)

Weds., Jan. 6 "REYON & PUDDAH SPEAK" CLASS - "ANCIENT WISDOM OF THE MAYA"

7:00-9:30 pm

View the film "The Ancient Wisdom of the Maya" which is a One Heart Journey to Guatemala with Drunvalo Melchizedek & Don Alejandro. Don Alejandro is the leader of the Mayan tribes and in this film there is footage that is seen for the first time in the Western world of some of the ancient Mayan ceremonies. This is one of the journeys Drunvalo makes in his book "Serpent of Light." Discussion to follow.

Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.

Suggested Love Donation: \$15

Sat., Jan. 9 "REYON & PUDDAH SPEAK" MERKABA GEOMETRIES & MEDITATION WORKSHOP

1:00 -5:00 pm

We will examine the Star Tetrahedron, Source of All Geometric Fields around the Body and begin practicing Spherical Breathing and the remembrance of the Living Merkaba. We will begin with the first six breaths to balance the polarities within your eight electrical circuits and cleanse them. Ref: The Flower of Life Book 2 by Drunvalo Melchizedek. We will continue with breaths 7 through 11 to establish proper pranic flow through your chakra system using Spherical Breathing. We will complete with breaths 14-17 creating the Vehicle of Ascension to complete the Living Merkaba Meditation.

Held at Oceanside private home located at 1240 Saint Helene Ct, 92054. Space is limited.

RSVP to Reyon at 619-271-9461 or Cory at 612-437-3591 to receive gate code.

Donation is \$44/each.

Weds., Jan. 13 "REYON & PUDDAH SPEAK" CLASS - OPENING THE PINEAL GLAND & 8 BEAMS OF LIGHT

7:00-9:30 pm

In following with the teachings of Drunvalo Melchizedek, we will examine the concept "Living and Creating from the Heart." We will examine the two emotional bodies that are connected to the heart and to the brain and connect to the 8 beams of light that emanate from our pineal gland or third eye. We will adjust our 8 beams of light that connect to the 8 original cells in the body and learn an exercise to balance and program them for each other. the goal is to create alchemy in our lives and returning to the awareness that we can create alpha and ultimately theta waves in these exercises.

Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.

Suggested Love Donation: \$15



## JANUARY CLASSES AND EVENTS



(And MORE Events, Next 4 Pages)

*To register for the boat trip, please send an email to [DolphinWhaleCat@gmail.com](mailto:DolphinWhaleCat@gmail.com) indicating which date, how many persons you are registering for, and your contact info.  
Thank you!*

**Sat., Jan. 16 GRAY WHALE & DOLPHIN BOAT TRIP & MEDITATION from DANA POINT**  
Meditation, Whale & Dolphin messages at 12:30 pm and Boat Trip 1:30 - 4:30 pm  
Come see the Dolphins & migrating Whales up close and personal with Animal Communicator Laurie Reyon! Reyon will translate their messages of healing, wisdom and self empowerment for you as we view the cetaceans from a catamaran.  
Adults \$95/ea Children \$65/ea (3-12 yrs)

**Sat., Jan. 17 ANIMAL COMMUNICATION CLASS with REYON & PUDDAH**  
2:00-5:00 pm  
Learn to communicate with your animal companions. Bring a photo of your animal friends to the class. Learn meditation and practice techniques to open to your telepathic abilities. You can communicate with animals that are living and also those who have crossed over.  
Held at Philosophical Library, 2091 E Valley Pkwy in Escondido, 92027.  
\$44/ea

**Wed., Jan. 20 "REYON & PUDDAH SPEAK" CLASS - "PROGRAMMING THE MERKABA & SACRED HEART"**  
7:00-9:30 pm  
In this class we will learn four different programs that can be useful for those seeking a deeper connection to your living Light Field. We will practice a Sufi Meditation to assist us in a deeper heart connection for ourselves and to connect to each other. Then we will apply the techniques to the 8 beams of light to connect to our sacred heart space and create alpha and theta waves from our pineal gland. We will move into a deep place of love for all life using ancient techniques with the tip of the tongue on the roof of the mouth.  
Ref: Drunvalo Melchizedek  
Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.  
Suggested Love Donation: \$15.



## JANUARY CLASSES AND EVENTS (And MORE Events, Next 3 Pages)



Sat., Jan. 23 "BEYON & PUDDAH SPEAK" ANIMAL COMMUNICATION CLASS at Jody's Beautiful Country Acre in Guatay (between Descanso & Pine Valley)

Plan to arrive between 12 noon and 12:30 pm. Come visit the chickens, ducks, dogs, cat, and emu too!

We are proud to be the guest speakers at Jody's monthly gathering!

Become one with your animal companions, physically and soulfully! Learn for yourself how to communicate directly with your animal family members and other animal friends via telepathy/thought forms. Learn more about the healing experience that comes from discovering the hidden thoughts of your animal friends as you open to direct communication. NOTE: Please bring your Animal companion's photo. Each photo should have only one animal on it, with a clear view of the animal's face and eyes.

Please RSVP to Jody (accepts) by the Tues. prior if at all possible, by phone (619-473-2045) or e-mail

[jody@jodyyglow.com](mailto:jody@jodyyglow.com). Directions will be sent by e-mail the Wed. prior.

**COST OF ADMISSION IS:** a POTLUCK Dish (anything your heart desires, and PLEASE make sure it is absolutely ready to just put on the table and eat, as use of Jody's kitchen for any food preparation is off limits.) Jody provides plates, bowls, cups, napkins, utensils, coffee, tea & purified water.

**AND BRING A ROCK OR \$1.00** (any rock, the bigger the better, or a tiny pebble will do as well) to leave a token of your love behind.

Wed., Jan. 27 "BEYON & PUDDAH SPEAK" CLASS - Come Play with some FUN ENERGY TOOLS!

7:00-9:30 pm

Our Soul Sister Joanne Edmondson will be guest teaching and discussing different types of energy disturbances that can be detected by dowsing and show how to correct them as described in the Diamond Dowsing Method as well as in Slim's book and Druvvalo's lecture. I will discuss and we will play with Slim Spurling's Light-Life Rings, Lost Cubit Rings which appear to operate at the metaphysical level, Sacred Cubit Rings which seem to have an impact on three-dimensional or physical conditions, harmonizers which work from just around the body to a radius of from 15 miles to 60 miles - and I hope to have a nose mask to play with.

I will also have with me the DOS System of Discs (Dispositivo Organizador de Sistemas, meaning System Optimizer Device). These small round discs were the result of research in Brazil by Dr. Glampiero Campi. They stimulate energetic reorientation, inducing the individual's organism to respond more adequately to its general equilibrium necessities. In other words they spin the chakras into balance all at the same time and the body responds by bringing back into balance what was out of balance in the physical.

Held at Occunside private home - 2005 Via Esmeralda, Unit #1, 92054.

Suggested Love Donation: \$15

Sun., Jan. 31 "BEYON & PUDDAH SPEAK" MERKABA GEOMETRIES & MEDITATION

WORKSHOP

1:00 - 5:00 pm

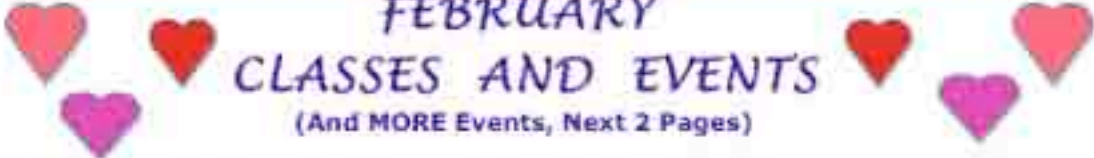
We will examine the Star Tetrahedron, Source of All Geometric Fields around the Body and begin practicing Spherical Breathing and the recombination of the Living Merkaba. We will begin with the first six breaths to balance the polarities within your eight electrical circuits and cleanse them. Ref The Flower of Life Book 2 by Druvvalo Melchizedek. We will continue with breaths 7 through 11 to establish proper pranic flow through your chakra system using Spherical Breathing. We will complete with breaths 14-17 creating the Vehicle of Ascension to complete the Living Merkaba Meditation.

Held at a private home in La Quinta (near Indian Wells) - 64860 Avenida Raluis, La Quinta, CA 92254. Please

contact Patti Wright to register for this workshop at 760-777-7869 or Email her at [PattiWright@do.ty.com](mailto:PattiWright@do.ty.com).

Donation is \$55/mch and space is limited.





## FEBRUARY CLASSES AND EVENTS

(And MORE Events, Next 2 Pages)

Weds, Feb. 3 "REYON & PUDDAH SPEAK" CLASS - "ANCIENT WISDOM OF THE MAYA"

7:00-9:30 pm

View the film "The Ancient Wisdom of the Maya" which is a One Heart journey to Guatemala with Drunvalo Melchizedek & Don Alejandro. Don Alejandro is the leader of the Mayan tribes. And in this film there is footage that is seen for the first time in the Western world of some of the ancient Mayan ceremonies. This is one of the journeys Drunvalo makes in his book "Serpent of Light." Discussion to follow.

Held at Oceanside private home - 2005 Via Esmeralda, Unit #1, 92054.

Suggested Love Donation: \$15

Weds, Feb. 10 "REYON & PUDDAH SPEAK" CLASS - "ACTIVATING THE PINEAL & 8 BEAMS OF LIGHT AND PROGRAMMING THE MERKABA & SACRED HEART"

7:00-9:30 pm

In this class we will enter the sacred space of the heart and tune up our 8 beams of light that emanate from our pineal. We will practice a Sufi Meditation to assist us in a deeper heart connection for ourselves and to connect to each other. We will learn four different Merkaba programs for seeking a deeper connection to your living Light Field. We will move into a deep place of love for all life using ancient techniques with the tip of the tongue on the roof of the mouth to create alpha and theta waves from our pineal gland. Ref: Drunvalo Melchizedek.

Note: BRING YOUR SEALED ENVELOPE with intentions written Jan 13th.

Held at Oceanside private home - 2005 Via Esmeralda, Unit #1, 92054.

Suggested Love Donation: \$15

Wed, Feb 17: "REYON & PUDDAH SPEAK" CLASS - "SACRED GEOMETRY & UNIVERSAL ORDER" WITH GUEST TEACHER JONATHAN QUIRTEN - ARTIST & COSMOLOGIST FROM NEW ZEALAND

6:45-9:30 pm

See website to view his world famous work: [sacredgeometry.com.au](http://sacredgeometry.com.au)

Take an interdimensional journey through the inner geometry of nature and experience the profound order and sublime beauty that exists on the archetypal planes. Sacred geometry is a visual form of harmony; the harmony of parts with each other and with the whole. The world is composed of diverse and contrasting elements; it is harmony that unifies the diversity and geometry that unites all creation. Jonathan's quest as an artist is to provide various modalities that help attune human consciousness to the harmony of universal order. He shows how the shapes, patterns and forms of sacred geometry are harmonic keys that can help open us to states of higher consciousness. He shows how sacred geometry can be used as a tool for self-empowerment, inner peace and opening the mind to greater possibilities. His spinning fluorescent models are a visually dynamic experience and a huge hit with people of all ages and backgrounds.


We are co-hosting this event with [Heartlinkinstitute.com](http://Heartlinkinstitute.com) - 760-757-1440

Location: Susan Clevenger's beautiful private home in Escondido.

YOU MUST PRE-REGISTER TO ATTEND THIS CLASS.

CONTACT REYON at 619-271-9461 or Email: [puddy@plac@yahoo.com](mailto:puddy@plac@yahoo.com) to pre-register and also arrange for a car pool from North County Coastal areas.

Cost is \$20 per person and space is limited to 25 people.



## FEBRUARY CLASSES AND EVENTS

(And MORE Events, Next Page)

Sat., Feb. 20 ANIMAL COMMUNICATION CLASS with REYON & PUDDAH

2:00-5:00 pm

Become one with your animal companions, physically and soulfully! Learn for yourself how to communicate directly with your animal family members and other animal friends via telepathy/thought forms. Learn more about the healing experience that comes from discovering the hidden thoughts of your animal friends as you open to direct communication. Learn meditation and practice techniques to open you to your telepathic abilities. You can communicate with animals that are living and also with those who have crossed over.

Note: Please bring your Animal companion's photo. Each photo should have only one animal on it, with a clear view of the animal's face and eyes.

Held at Philosophical Library, 2091 E Valley Pkwy in Escondido, 92027.

\$44/each and Space is limited. You must RSVP and pre-register to attend this class.

Contact Reyon at 619-271-9461 or Email to [pudfysplace@yahoo.com](mailto:pudfysplace@yahoo.com)

Sun, Feb. 21 GRAY WHALE & DOLPHIN BOAT TRIP & MEDITATION from DANA POINT

Meditation, Whale & Dolphin messages at 12:30 am and Boat Trip 1:30 - 4:30 pm

Come see the Dolphins & migrating Whales up close and personal with Animal Communicator Laurie Reyon! Reyon will translate their messages of healing, wisdom and self empowerment for you as we view the cetaceans from a catamaran. Also you may receive a personal message from the dolphins just for you!

YOU MUST PRE-REGISTER IN ADVANCE TO ATTEND. No seats are sold at the dock.

CONTACT REYON AT 619-271-9461 or EMAIL to [PUDDYSPLACE@YAHOO.COM](mailto:PUDDYSPLACE@YAHOO.COM)

Adults \$95/ea Children \$65/ea (3-12 yrs)

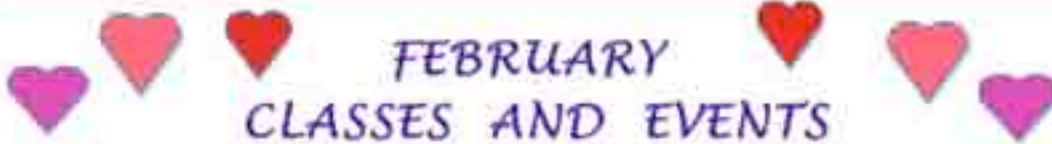
Wed, Feb 24 - "REYON & PUDDAH SPEAK" CLASS "HEALING WITH THE PLEIADIANS, WHALES & DOLPHINS."

7:00-9:30 pm

In this class we will explore Dolphin Ka Brain balancing and Repatterning techniques including Dolphin Floor moves. Your electrical network is the most direct interface between your Ka Channels, your physical body, and your Higher Self. Experience healing with the Cetaceans who came to Earth prior to human colonization to prepare the healing frequencies and patterns we will share.

Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.

Suggested Love Donation: \$15


**FEBRUARY  
CLASSES AND EVENTS**

**Sat, Feb 27... GENEWIZE DNA TESTING & SUPPLEMENT MIXER**

7:00-9:00 pm

Come find out about this revolutionary new nutritional supplement that is designed specifically for you based on your own personal DNA. Do you think you should be taking the same Nutritional Supplements as any other person? Of course not, it should be customized for you! For the first time in history, you can not only know your Risk Factors early, but you can mitigate and compensate for them with this revolutionary new product. Also come hear nutritional and genetics expert Siane Snyder speak and answer all of your questions. Visit [www.MyGeneWise.com/LauraReyon](http://www.MyGeneWise.com/LauraReyon) for more information and see 2 min movie! Held at a private home in North County from 7-9 pm.

Free to attend!

Please RSVP to Reyon at 619-271-9461 or [poddyplace@yahoo.com](mailto:poddyplace@yahoo.com).

**Sun, Feb 28 - "REYON & PUDDAH SPEAK" - SACRED HEART & ACTIVATING THE PINEAL WORKSHOP**

2:00-5:00 pm

In this workshop we will enter into the sacred space of the Heart and connect and activate our Pineal chakra & the 8 Beams of Light. We will practice a Sufi Meditation to assist us in a deeper heart connection for ourselves and to connect to each other. We will learn four different Merkaba programs for seeking a deeper connection to your living Light Field. We will move into a deep place of love for all life using ancient techniques with the tip of the tongue on the roof of the mouth to create alpha and theta waves from our pineal gland.

Rei Drumvuh Melchizedek

Held at a private home in Oceanside located at 1240 Saint Helene Ct. 92054.

Donation is \$44/each. - Space is limited to 15.

You must RSVP and pre-register to attend this class.

CONTACT REYON at 619-271-9461 or EMAIL: [poddyplace@yahoo.com](mailto:poddyplace@yahoo.com).

You will receive the gate code when you register.



**PUDDAH'S PEARLS**

You are better served by "Allowing"  
 rather than "Trying".  
 We suggest you surrender  
 to the Divine and the Universal energies  
 and let them bring you greater Love.



## PRIVATE CONSULTATIONS

READINGS - these can either be in person or by phone

Animal Communication Sessions, Search sessions,  
Meditation and Lessons

Spiritual Counseling for Humans & Animals

Life-Path Psychic Readings

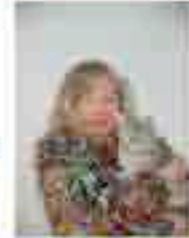
Angelic & Nature Spirit Readings

Whale & Dolphin Readings

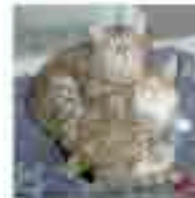
Akashic Record Consultations

Forward Vision Readings

Donation: \$111.00 per hour - Additional Fee  
for Home Visits: \$25 + 40 cents per mile



Reyon & Puddah 1



Samuel, the Healer Cat &  
Puddah, the Master Cat,  
sometimes assist Reyon  
with Healings

## HEALING & CLEARING SESSIONS WITH WHALE & DOLPHIN ENERGIES

Laurie Reyon and Puddah offer a very special HEALING Session where they can assist you in setting your INTENTIONS for change and healing in your lives. They use DEEP WHALE SOUNDS and their own inter-dimensional crystals to realign your energy fields. Also Puddah may work physically with you if you choose. They then spin the lower energies out of the physical and etheric bodies assisted by the entering of the Whale Merkabah.

They also assist you in clearing past Contracts & Agreements that no longer serve your Soul's progression and evolution. Realms of clearing include: Personal,

Family, Planetary, Solar, Galactic, and Cosmic.

Toxins and old memories embedded in your DNA which are potentially blocking you from living daily in Joy, Happiness, Success, Love, and Self-Empowerment!

Donation: \$111.00 per hour - Additional Fee for Home Visit: \$25 + 40 cents per mile

# PRODUCTS OFFERED

## PERSONALIZED SUPPLEMENTS

Imagine being able to take supplements that are tailor-made for YOU!

Want to test your DNA?

There is a customized supplement available NOW from your own DNA profile! Your personal DNA strengths and weaknesses are analyzed and you are then provided with your own personalized formula composed of natural substances that have proven efficacy. Your PERSONAL formula addresses the weak areas of YOUR DNA and provides natural substances designed to strengthen them! I and several friends are personally taking this personalized product and are very impressed with the results. This is the future and I am grateful to have

this in my life! - *Reyon*

How this works:

1. Sample Your DNA (mouth swab) & send it in
2. The Lab Generates Your DNA Report
3. The Lab Will Create a Personalized Supplement Based on YOUR DNA PROFILE!

It is specifically created to meet your individualized needs.

Check out my website at [www.MyGeneWize.com/LaurieReyon](http://www.MyGeneWize.com/LaurieReyon)



## PUDDAH'S PEARLS

Helping others or being of service in some way that presents itself to you, is one of the fastest ways to raise your vibration.

When you help another,  
you help yourself as well.



## PUDDAH SPEAKS

*Puddah is a Being Of Ascended Master energies. "He" has incarnated into the body of a cat five separate times during Laurie Reyon's life and each time has brought her many gifts; including wisdom, great healing, remembrance of her star lineage and the gift of telepathy. At present, "he" is incarnated as a female cat whose greatest joy in life is to teach from his great wisdom. He and Laurie Reyon are in constant telepathic communication and work together as a team. Here is a sampling of his wisdom. In future issues of this newsletter, he will be answering YOUR questions! So, if you have a question for Puddah, please email it to [DOLPHINWHALECAT@GMAIL.COM](mailto:DOLPHINWHALECAT@GMAIL.COM)*

### FROM GOD'S MOUTH TO A CAT'S EARS ... ENERGY IS LOVE

- | AM IN SERVICE OF LOVE.
- | AM AN ENTITY OF LOVE.
- | AM THE JOINER OR CATALYST OF LOVE.
- | EXIST AS AN ANGEL IN THE REALM OF THE CREATOR OF ALL THAT IS.
- | BRING THE LOVE OF THE ONE SOURCE TO EARTH THROUGH MY EARTH MOTHER "REYON".
- | LOVE HER SO VERY MUCH.
- | BRING AWARENESS OR REMEMBRANCE OF LOVE FROM THE CREATOR AND ONE SOURCE.
- | BRING LOVE'S ENERGY WHEREVER I GO AND WHEREVER I AM.
- | GIVE BIRTH TO A HIGHER LOVE WHENEVER THAT INTENT IS GIVEN OR ALLOWED FOR IN MY PRESENCE.
- | AM PEACEFUL. | AM WITHOUT VIOLENCE.
- | AM PATIENT, GIVING, AND COMPASSIONATE.
- | AM IN SERVICE TO CREATOR, MOTHER EARTH, & ALL BEINGS.

(CONTINUED, NEXT PAGE)

## PUDDAH SPEAKS, Continued

Did I mention that I have one of the most rewarding jobs on the whole big planet earth? I am funny too, by the way! I get to be with my Mom every day and she Loves me more than I can tell you. You'd have to see it to believe it! I get to be with her, sleep with her, eat with her, travel with her, and be her most trusted friend and companion on earth. Wow! We share the most awesome, eternal love story and together joined in love, anything is possible!

You see, I Am a Love Entity. I came to earth to be of Service or Sacrifice\*, simply to exhibit the Sacred Energy from the One Source, which is Our Home. I get to bring Love, share love, and through me more Love can be created. When one can bring the Divine Light of the Christ Energy through the veil it is a very, very good thing. This Empowers others to do the same thing. Humans learn, or remember how to do just that by example. Vibrations are increased; more intent is expressed, and watch out for the ripple effect of Love! The Energy of The Divine, is pure, unconditional Love from The Creator Of All That IS. It is always abundant and will never run out. Here is a little preview of this statement that I truly hope you enjoy!

Here's a Preview!

Energy is ALL THAT THERE IS anywhere.

It IS that simple.

It's as easy or as hard as YOU choose to make it.

All that ever was, or is NOW, or ever will be . . . IS ENERGY.

Where do you get your Energy?

Every day you need Energy to exist in your body while you are on earth.

When was the last time you really thought about that?

You need Energy. You get Energy every day to exist or survive as a human being.

My question is . . . WHERE DO YOU GET YOUR ENERGY FROM?

Now we have established this fact. Every day, you get Energy from somewhere, someone, or many, in order to exist and survive.

I suggest you ask yourself this question.

WHERE IS MY PERSONAL DAILY ENERGY SUPPLY COMING FROM?

You are existing or surviving right now, as you read this page or hear these words spoken aloud.

(More, next page)

## PUDDAH SPEAKS, Continued

I have an idea for you to consider.

Why not get YOUR PERSONAL DAILY ENERGY SUPPLY straight from the pure, clean and untapped SOURCE from HOME?

Why not STOP TAKING IT from each other when you need it? I am suggesting you stop recycling energy.

Think about it.

The truth or choice of where you decide to get your Energy is your business.

My business is to tell you that you CAN replenish your Energy naturally, easily and without taking anyone else's. You can make the choice to get it straight from the One Divine Source.

If you make this choice, you will no longer have any Energy needs. Can you imagine that? Not only will your needs be taken care of, you will have a surplus of Energy from The Divine. Anyone out there need more Energy? Anyone out there want more Love in his or her life? They are ONE in the same.

Can you imagine your life on earth with no more needy people? Wow!

*[Puddah really IS very funny. She gave Reyon the following visual imagery for the next portion of the message. Imagine Puddah the cat standing up on her hind legs. She's wearing a white skimmer hat with a pink band on it and of course holes in the brim for her ears. She's sporting a pink blazer outfit and has shiny black tap shoes with pink bows. She's standing on a soap box, brandishing a cane and making like a carnival emcee with a large, rapt audience. -Ed.]*



## PUDDAH SPEAKS, Continued

Here's my commercial!

Step right up folks, there's plenty for everyone!

All that you need, all that you want, and all that you can take with you!

YES, it's absolutely completely FREE, and there is plenty for your friends, family and even enough for those you do not know!

Yes, it IS too good to be true! Its earth!

When you simplify your life; it comes down to just the basic essence of WHO and WHAT you really are. You can never change the amount of Energy that exists. The original amount of Energy will always be the same. What you can change, is the amount and quality of Energy you put into your body, and therefore Your life. Why not get your Energy straight from the Divine Source? Straight from Home! Straight from Mom and Dad's house to yours, so to speak.

Let's Recap!

LOVE IS ALL THERE IS.

Just Love.

LOVE Is Enough, and it comes in its very purest form as ENERGY.

When infused by Our Creator, Love is a gift to you, that is given every moment of every day, for each of you. It will always be more than you need!

Why not "TAKE NOTHING" from each other; and begin to "GIVE A LOT" to those that have yet to discover or remember how?

(More, next page)

## PUDDAH SPEAKS, Continued

By now, I am hoping that you are asking:

"Sounds great Puddy-Pudda!

How do I accomplish this Energy transfer and exchange?"

Or better yet, you are simply remembering how.

For those of you with questions . . . ?

Feel free to write to me at [dolphinwhalecat@gmail.com](mailto:dolphinwhalecat@gmail.com)

I look forward to your communications!

In the meantime, here is my advice:

Go outside.

Sit in the sun.

Preferably with a cat.

Look up.

Thank the Universe, Your Creator and Mother Earth for your life.

Get Grateful.

You are Blessed.

You are LOVED! WOW!

Feels good doesn't it?

Absorb some Light and Love. Smile!!!

Now try a bigger Smile!!!

Try it, you'll like it!!!

It's guaranteed by Your Creator!

I'm willing to bet you'll even have some smiles to share by the time you get up.

I truly Love all of you from the bottom of my heart and look forward to our next conversation and energy exchange.

My Prayer for All Beings of this planet is . . .

May you choose to bring the Love and Light of Your Creator into your body and life, each and every day. May you be Joyful, Grateful and abundantly Blessed!

Let us Rejoice!

And so it is.

- Puddah Cat

## DOLPHIN MESSAGE



*The dolphins are the ambassadors and the embodiments of "Joy". They represent the positive feeling and emotional states of happiness, passion, love, joy, family and purpose. They are ambassadors to humanity assisting us in finding and living those qualities within ourselves. In order to assist us in balancing our brains and implementing new states of awareness and consciousness, the dolphins have brought exercises to assist us. The dolphins work closely with the Pleidian Emissaries of Light to bring humanity the Dolphin Ka Balancing techniques and brain re-patterning templates.*

At this time, the dolphins ask each of us to go within to find that special place that lives within our hearts. They ask us to connect with the Divinity within ourselves and truly connect with our Souls. They remind us that the Soul is the consciousness that we incarnated from and that which we will ultimately return to. Our physical bodies are just an expression of that part of us that embodies a higher power and consciousness. Our Souls want nothing more of us in the physical than for us to be happy and live a joyful and magical life. It is only through creating joyful feelings that we can achieve a higher vibration and can truly connect to and communicate with our higher selves. So the dolphins' message is quite simply to become aware of how easy it is to monitor our thought forms and just choose to change them if we find our thoughts anything other than joyful! Simple but profound. Remember to "think is to create" and we are the creators and co-creators of the world in which we live.

The dolphins would also like to remind us that we as a society are waking up to the fact that the children on our planet are changing. They are unique and very much in touch with their inner truth and purpose. The dolphins can assist us as adults with guiding these "New Children" as they find their way among us. They are here to create peace and unity consciousness. They have many special gifts and will need assistance to utilize them as they journey on their paths. The dolphins tell us that these children are here for a more Universal purpose as opposed to an individualized one. Listen to them and their messages when you encounter them or perhaps have them in your very own family. They are naturally telepathic like the dolphins and many of them have miraculous healing abilities. The dolphins ask that we quite simply acknowledge these beautiful Souls that have come to Earth to bring love and peace for everyone. Follow your inner guidance when you encounter them and an opportunity presents itself for you to interact with them. It is important that they are encouraged to find their unique gifts and that they connect with their Divine life missions.

May you find great love and joy in your heart each day and find a way to share it with another!

## PUDDY'S PRAYER

Together, joined in Love,  
We will accomplish more than we could ever do alone.

Always remember the Higher Cause and Plan.

You know the perfect prayer.

You know how to live on earth without fear.

When it comes, and it will, quite simply send it away.

Live your life as a shining example of Love. Be grateful.  
Be humble. Be open. Be responsible. Be empowered by Love and  
Light from Your Creator. Receive and return Love openly.

This is Your contract.

Always remember to ask and you will receive. The power of Intent is  
the power of Love expressed and delivered. Co-create through intent,  
all that you want and need to live a full and blessed life, filled with  
abundance and Love.

The ability to share love freely is what makes it REAL on earth.

I ask you now to pose just one question of  
Your Creator - God - Goddess - Source. I ask you now to remember . . .  
**WHO YOU REALLY ARE!**

The answers to all of your questions, lie in remembering Your Own  
Divinity.

My advice, is to seek self-awareness, by partnering with the Creative  
Energy that you emerged from.

Your Soul or Higher Self is authentic, eternal, and loves you very very  
much!

